

BENEFITTING:



**BOYS & GIRLS CLUBS
OF WAKE FOREST,**

"Dedicated to enabling all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens."



Race Sponsors



Dr. Steven B. Andreaus, DDS
the five points center for aesthetic dentistry

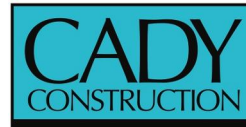


Wake Forest Chiropractic
Dr. Shawn Phelan
Chiropractic Physician

(919) 562-0302 www.drphelan.com



Duke Raleigh Hospital
World-class care, close to home.



**A community event to
promote lifelong health and
wellness through the sport
of cycling.**

www.raleigh-all-stars.com

**Annual
Historic Downtown
Wake Forest Criterium**

May 23, 2010

Over \$4,000 cash prizes



**Presented By:
The Raleigh All-Stars
Cycling Team**



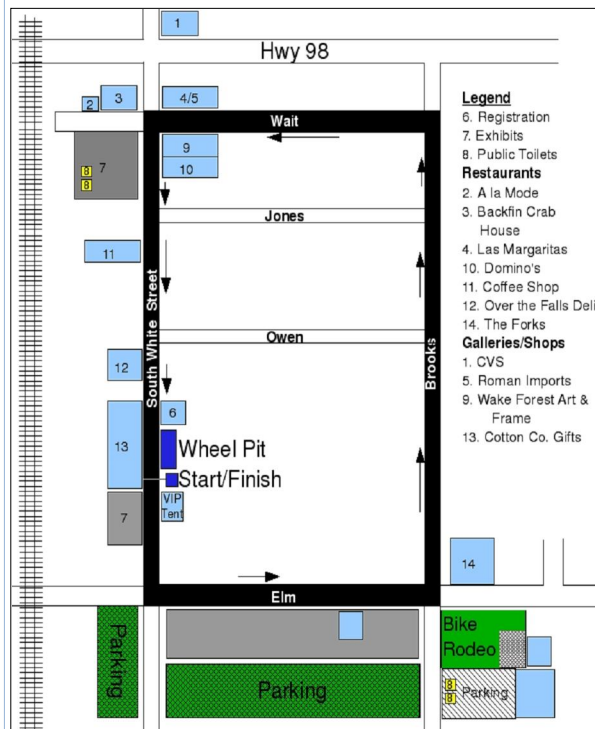
Race Location:

306 S. White Street in downtown Wake Forest, North Carolina

Directions: Take US 1 North or South to Wake Forest, NC. Exit on NC-98 East towards Wake Forest. Drive 1.8 miles and turn left onto S Franklin St. Drive about 1 mile and turn left onto Wait Ave.

Parking: Parking is at the corner of S. White St. and E. Elm Ave. in downtown Wake Forest, NC.

Course Description: The course is an exciting one kilometer rectangle with a subtle dogleg between the fourth corner and the finish line. A 200 meter long hill starts at the third corner and continues just beyond the fourth corner. The finish is slightly downhill.



Registration: Juniors \$15, all others \$30.

Online: www.pre-reg.com Closes Friday 5/21/10

Onsite: \$5 late fee for day of registration. One day USAC license sold on site. Additional races are \$15. Registration is near the start/finish line.

Area Hotel:

Hampton Inn: 12318 Wake Union Church Rd. Wake Forest, NC 27587. (919) 554-0222.

Holiday Inn Express: 11400 Common Oaks Dr. Wake Forest, NC 27614. (919) 570-5550.

Race Schedule For Sunday, May 23, 2010

Category	Start Time	Length (min)	Purse	Places	Field Limit
Cat 5/Citizens	8:00 AM	30	\$75	3	50
Jr 10/12	8:45 AM	15	\$50	3	
Jr 13/14	8:45 AM	15	\$75	3	50
Jr 15/16	9:15 AM	30	\$175	3	
Jr 17/18	9:15 AM	30	\$160	5	50
Masters 45+ (Cat 1-4) w/ 55+ Bonus	10:00 AM	45	\$450 w/55+Bonus (\$40, \$30, \$20)	7	75
Men Cat 3-4	11:00 AM	45	\$450	7	75
Kid's Race	12:00 PM				
Masters 35+ (Cat 1-4)	1:35 PM	55	\$650	9	75
Women Cat 1-4 w/ Cat 4 Bonus	2:45 PM	45	\$300 w/Cat 4 Bonus (\$40, \$30, \$20)	5	75
Men Pro 1, 2, 3	3:45 PM	70	\$1,500	15	100

Contact Information and USAC Rules

Contact:

For information, questions or requests, contact Andy Hart at (919) 264-8699 or email:

wahart27613@gmail.com.

www.raleigh-all-stars.com

USAC Rules:

All USA Cycling rules apply. USAC Permit 2010-568. All competitors must submit a signed USAC standard athlete waiver and present a valid license (one-day license for citizens' race) to race registrar in order to race. Registration ends 30 minutes prior to start of your race. Races held rain or shine. Helmets must be worn at all times while on or in the vicinity of the course, except for riding rollers or a stationary trainer. Refer to http://www.usacycling.org/forms/USAC_rulebook.pdf for more details.

Note:

No refunds. Promoter reserves the right to combine fields or cancel race due to inclement weather.